

Mabel's



- 1 New Forest Ice Cream
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- 4 New Forest Short Bread
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- 9 New Forest Spring Water
- 10 The Real Jam & Chutney Co
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- 13 Calbourne Classics
- 14 The Garlic Farm
- 15 Isle of Wight Tomatoes

Mabel's & Shallowmead Farm Shop are proud to support local suppliers. See our map for some of our favourites!

CAKES & BAKES - served all day

CREAM TEA

- Fruit Scone, Clotted Cream, Strawberry Jam: £6.95
- With Tea/Coffee
- Bottle of Prosecco (200ml) £12.50

TEA CAKE - With Butter & Strawberry Jam £2.95

CAKES

Please ask your server for today's selection of cakes, muffins and traybakes

NIBBLES

OLIVES £3.00

TOASTIES £8.95

On white or granary bread with salad & fries

BACON, BRIE & CRANBERRY

CHICKEN, CHORIZO & BBQ MAYO

HAM, CHEESE & TOMATO

GOATS CHEESE
 Red Onion Marmalade, Spinach
 Vegan option available (Vegan Halloumi)

TAPAS - £6.00 each or 3 for £16.00

TEMPURA PRAWNS

SALT & PEPPER CALAMARI

PATATAS BRAVAS

CHICKEN & CHORIZO SKEWERS

SAUTÉED GARLIC MUSHROOMS

BRUSCHETTA

GRILLED CHEVRE LOG & SMOKED BACON

HUMMUS & PITTA BREAD

MAINS

TACOS £14.95

Three Crunchy Tacos served with Pico de Gallo, Sour Cream, Cheese, Jalapenos and one of the following fillings:
 Chicken | Minced Beef | Mixed Beans

MOULES & FRITES £16.95

Fresh Steamed Mussels and Chips with:
 Marinere Sauce (with Cream) or
 Thai Sauce

CHEF'S BATTERED FISH & CHIPS £13.95

Fresh Atlantic Battered Fish, Minted Mushy Peas, Chips, Homemade Tartar Sauce

MARKET FISH £15.95

Glazed with Chilli & Ginger, served on a Green Salad with a Kafir Infused Oil

CHEF'S HOMEMADE FISH FINGER SANDWICH £11.95

White Bloomer, Homemade Tartar Sauce

PRAWN & CHORIZO LINGUINE £14.50

Served in a Garlic and Herb Tomato Sauce

BRISKET BEEF BURGER (GF without bun) £14.95

6oz Burger, Smoked Bacon, Brioche Bun, Mature Somerset Cheddar, Relish, Salad, Fries (Swap your bun or chips for extra salad)

PLANT BURGER (GF without bun) £14.95

Vegan Cheese, Relish, Salad, Fries, Pretzel Bun (Swap your bun or chips for extra salad)

THAI GREEN CURRY £13.50

Homemade Thai Green Curry, Water Chestnuts, Aubergine, Courgette, Pepper, Rice (Add Chicken £3.50)

PLOUGHMAN'S LUNCH £14.95

Wiltshire Ham, Somerset Mature Cheddar & Chef's Homemade Pork Sausage Roll, Served with Fresh Crispy Salad, Pickled Onion, Sliced Apple, Branston Pickle, French Baguette

SUMMER SUPER SALAD £14.95

Mixed Leaves, Super Seeds, Garden Herbs, Beetroot, Orange, Quinoa and an Olive Oil dressing with either: Chicken | Halloumi | Vegan Halloumi | Smoked Mackerel

SIDES

CHIPS £3.95

HALLOUMI FRIES £4.25

GARLIC BREAD (+cheese for £1.50) £3.75

GARDEN SALAD £4.75

GREEK SALAD £5.75

BREAD BOARD £3.95

Please speak with our team regarding dietary requirements and concerns of allergens in our dishes:

Vegetarian Vegan Gluten-Free Gluten-Free Available Spicy

We try to source as many items as possible from New Forest Marque businesses

POT OF NEW FOREST ICE CREAM £3.75

Vanilla | Chocolate | Mint Chocolate Ripple | Salted Caramel | Blackberry Clotted Cream
 Vegan option - Raspberry Ripple

WHITE WINE	187ml	Bottle
Ancora Pinot Grigio, <i>Italy</i>	£7.25	£19.95
The Holy Snail Sauvignoun Blanc, <i>France</i>	£24.95	
Bodegas La Val Orballo Albarino, <i>Spain</i>	£27.95	
Domaine de la Motte Petit Chablis, <i>France</i>	£32.95	

RED WINE		
Finca Vista Malbec, <i>Argentina</i>	£7.25	
Luna Del Sur Malbec, <i>Argentina</i>	£24.00	
Seriti Merlot, <i>South Africa</i>	£23.50	
Moulin de Gassac Pinot Noir, <i>France</i>	£26.95	
Boutinot Les Coteaux, <i>France</i>	£23.95	
Artesa Organic Rioja, <i>Spain</i>	£24.95	

ROSE		
Ancora Pinot Grigio Rosé, <i>Italy</i>	£7.25	
Ambassadeur Provence Rosé, <i>France</i>	£25.00	

FIZZ	200ml	Bottle
Lunetta Prosecco Rosé, <i>Italy</i>	£9.25	
Lunetta Prosecco, <i>Italy</i>	£9.25	
Da Luca Prosecco, <i>Italy</i>	£25.00	
Perrier-Jouet Grand Brut Champagne, <i>France</i>	£60.00	

BEERS & CIDERS		
Peroni Estrella Damm (330ml)	£4.50	
Blue Becks (275ml)	£3.85	
Pig Session (330ml)	£4.75	
Ringwood Razorback London Pride (500ml)	£4.95	
Orchard Pig Cider Somerset Apple (500ml)	£5.60	
Old Mout Cider Strawberry (500ml)	£5.60	
Old Mout Cider Berries & Cherries (500ml)	£5.60	

SPIRITS - 25ml measures

Hendricks Gin £4.60 | Beefeater Pink Gin £3.75 | Beefeater Gin £3.75
 Absolute Vodka £3.75 | Captain Morgan Dark Rum £3.75 | Havana 3yr £3.75
 Jameson £3.75 | Chivas 12yr £4.25 | Martell £3.75 | Kahlua £3.75

SOFT DRINKS		
Fresh Orange Juice		£3.95
Apple Juice Grapefruit Juice		£3.10
Cranberry Juice Tomato Juice		£3.10
Coca Cola Lemonade (S/L)	£2.25 /	£3.50
New Forest Still or Sparkling Water (S/L)	£1.95 /	£3.75
Lime & Soda (S/L)	£1.75 /	£2.75
Appletiser		£3.00
Sparkling Elderflower Sparkling Orange		£3.00
Ginger Beer		£3.00
Raspberry Lemonade		£3.00

POT OF TEA		
English Breakfast Earl Grey Peppermint Green Red Bush Summer Berry Camomile		£2.55

COFFEE		
Americano	£2.60	£3.15
Flat White		£3.00
Cappuccino	£2.95	£3.50
Latte		£3.20
Mocha		£3.75
Espresso		£2.40
Add an extra shot of coffee		£1.00
Jimmy's Iced Coffee - Original or Mocha		£2.95

HOT CHOCOLATE		
Cadbury's Hot Chocolate		£3.50

ADD A FLAVOURED SYRUP		
Vanilla Hazelnut Caramel Gingerbread Pumpkin Spice Mint Orange Black Cherry		50p

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cafe | bar | restaurant