

## BREAKFAST

Monday - Friday: 8.30-11am,  
Saturday: 9-11am & Sunday: 10-11.30am

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|---|-------|
| TEA CUP GRANOLA   | £4.50 |
| <i>Greek style yoghurt with Dorset cereals granola &amp; fresh berries</i>  |       |
| BACON SANDWICH  | £4.00 |
| <i>Add a fried egg £1</i>   |       |
| BREAKFAST BAP   | £5.50 |
| <i>2 bacon, 1 sausage and a fried egg</i>   |       |
| HOMEMADE COURGETTE & POTATO ROSTI   | £6.50 |
| <i>with poached eggs and bacon</i>  |       |
| VEGAN VERSION:  | £6.00 |
| <i>HOMEMADE COURGETTE &amp; POTATO ROSTI with roasted cherry tomatoes &amp; pan fried mushrooms with parsley</i>  |       |
| POACHED EGGS ON TOAST   | £5.00 |
| <i>2 slices of white or granary toast with poached eggs</i>   |       |
| AVOCADO AND POACHED EGGS ON TOASTED SOURDOUGH   | £6.00 |
| <i>Add bacon £1</i>   |       |
| MABEL'S BREAKFAST   | £8.45 |
| <i>Sway Butcher pork sausage, 2 bacon, Heinz baked beans, roasted cherry vine tomatoes, pan fried mushrooms, 1 egg (poached or fried) and your choice of white or granary toast</i> |       |
| GRANARY OR WHITE TOAST (2 SLICES)   | £1.75 |
| <i>with marmite or jam</i>  |       |
| BAKED BEANS ON TOAST  | £4.00 |
| <i>2 slices of white or granary toast with Heinz baked beans</i>  |       |

Lunch:

Monday - Saturday: 11.30am - 3.30pm,  
Sunday: 12 noon - 3.30pm

## LIGHT LUNCHES

Please also see our chalkboard

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| HOMEMADE SOUP OF THE DAY   | £5.50  |
| <i>with a granary bread roll</i>   |        |
| SAUSAGE SPECIAL  | £8.50  |
| <i>Sway Butcher sausages in a roll with salad, coleslaw, chutney &amp; crisps</i>  |        |
| STICKY TOMATOES ON SOURDOUGH   | £7.50  |
| <i>Slow roasted cherry tomatoes baked with chilli &amp; fresh ginger, served with smashed avocado on sourdough toast</i> |        |
| MABEL'S CLUB SALAD   | £8.50  |
| <i>Chicken, avocado &amp; bacon on a bed of leaves, with shaved Grana Padano</i>   |        |
| SAUTÉED MUSHROOMS ON SOURDOUGH   | £7.50  |
| <i>Panfried Portobello mushrooms, walnuts and melted brie on toasted sourdough</i>                                       |        |
| CHICKEN, CHORIZO & HALLOUMI SALAD  | £10.00 |
| <i>Served on a bed of salad and avocado</i>  |        |
| JACKET POTATO WITH SALAD   |        |
| <i>Heinz baked beans</i>   | £6.95  |
| <i>Cheddar cheese</i>  | £6.95  |
| <i>Homemade chilli</i>   | £7.50  |
| <i>Tuna mayo</i>   | £7.50  |
| <i>Coronation chicken</i>  | £9.95  |
| <i>Add homemade chunky coleslaw</i>  | £1     |
| <i>Add beans or cheese</i>   | £1.25  |

## SANDWICHES

*All served with crisps & salad*

|                               |       |
|-------------------------------|-------|
| EGG MAYONNAISE                | £5.75 |
| TUNA MAYONNAISE               | £6.75 |
| HAM & TOMATO                  | £6.75 |
| CHEDDAR & CHUTNEY             | £5.75 |
| BACON, LETTUCE & TOMATO       | £6.75 |
| HOUMOUS, ROASTED VEG & ROCKET | £6.75 |

### PREMIUM SANDWICHES:

*Served with homemade chunky coleslaw*

|                              |       |
|------------------------------|-------|
| SMOKED SALMON & CREAM CHEESE | £9.25 |
| CHICKEN & AVOCADO            | £9.25 |
| CORONATION CHICKEN           | £9.25 |

## PANINIS

*All served with crisps & salad*

|                                   |       |
|-----------------------------------|-------|
| ROASTED MEDITERRANEAN VEG & PESTO | £6.50 |
| BRIE & BACON                      | £6.50 |
| MOZZARELLA, TOMATO & BASIL        | £6.50 |
| TUNA MELT                         | £6.50 |
| GOATS CHEESE & ROASTED PEPPER     | £8.50 |

## KIDS SANDWICHES

*Served with crisps, cherry tomatoes & cucumber*

|                                    |       |
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| EGG MAUO, HAM, CHEESE OR TUNA MAUO | £4.95 |
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*Gluten free sandwiches & paninis are also available*

## CREAM TEA

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| HOMEMADE SCONE, JAM AND CREAM<br>WITH TEA/COFFEE | £5.50 |
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